



The Premiere Performance Improvement Consultancy

Integrated Suite of Services

Performance Consulting Services

Check-6 partners with companies across multiple industries worldwide striving to achieve improved performance and operational efficiency. The Check-6 integrated suite of services delivers our proven methodology, Performance Excellence™, a multifaceted solution tailored to meet client objectives focused on reducing human error while sustaining a culture of continuous improvement. Our methodology targets three critical principles that drive operational excellence:



- Team Behaviors / Culture
- Standardized Process
- Leadership

We deliver tailored solutions to high hazard, high consequence industries to include, oil & gas, mining, manufacturing, transportation, medical and construction. By instilling and reinforcing vital behaviors that eliminate human error, we're able to reduce risk, lower costs, and improve safety and operational performance. We focus on building high reliability organizations to enable your people to get the job done right the first time... EVERY TIME.

Our Differentiator – Our People

Check-6 deploys elite military leaders with decades of experience operating in complex, high consequence environments such as commercial & military aviation and nuclear aircraft carrier flight operations. Our coaches assist companies aiming to be a High Reliability Organization (HRO). We have a vast variety of coaches, versed in over 20 languages from every region around the world. As change management experts, we focus on the development and implementation of continuous improvement in human performance.

Performance Excellence™ Coaching

This is a comprehensive, tailored, hands-on training program based on a "Plan Based Execution" model for continuous performance improvement. Our coaches work onsite with your teams in the working environment; mentoring and coaching to sustain improvements in operational efficiency and safety. Check-6 provides simple techniques and industry-proven solutions that train organizations to manage change, minimize risk, and enhance performance of their teams, processes and systems.





Check-6 coaches facilitate the implementation of a continuous improvement process based on a daily cycle of Planning, Briefing, Execution, and Debriefing. Leadership roundtable discussions are held to assess progress, address management of change, mitigate risk and address crew resource management topics. The result is an overall improvement in safety, compliance, team behaviors, active communication and operational efficiency.

Implementation Consulting

Check-6 are involved in partnering campaigns / alliances with Technology Companies requiring consulting services to implement their software products to their customers. This requires a collaborative approach to deliver a smooth transition from initial product sales to the end-user.

Performance Assessments

Check-6 offers an unbiased and comprehensive evaluation of your organization's current operations, systems and culture and deliver a recommended performance improvement plan. We survey and assess daily operational practices, leadership skills, procedural compliance and team behaviors, focused on all levels of leadership, alignment and communication, as follows:

Procedural Compliance:

- Established governance – SOPs, Procedures and SMS policies
- Use of standardized operational models, processes and checklists
- Layered defenses against human error (Human Factors)
- Document management (JSAs / Permits)
- Material condition of equipment
- Format, effectiveness and structure of the pre-shift and weekly meetings

Personnel Competency:

- Skills, Knowledge and Proficiency
- Debrief Culture

Leadership Skills:

- Visible leadership actions and presence
- Leadership development / mentoring skills

Culture Assessment / Team Behaviors:

- Organizational culture and team attitudes
- Team behaviors during task execution (Crew Resource Management)

NB Additional assessments can be customized based on client requests.





Check-6 Efficiency Improvement Programs

Drilling Operations

Our approach to optimizing drilling operations stems from elements based on Navy Nuclear Power pillars and High Reliability Organization theory. This, coupled with our trademark Performance Excellence™ methodology, helps develop workforce skills, drive operational improvement and apply new working methods within your team to optimize drilling performance. We take best practices and lessons learned at all stages of the drilling cycle to drive deliberate actions and predictable results.

Oil Well Completions

This efficiency improvement program is designed to create and maintain a high-performing oil well completion team. These teams must execute in complex dynamic operations with high turnover and/or short service personnel. There can also be a very high consequence if there is a human performance failure. The Check-6 completions efficiency program improves human performance and traps human error, while reducing risk. This "boots-on-the-ground" approach has yielded 68% improvement in the reduction of safety events per stage, 220% increase in total well completions and 366% increase in stages per day.

Rig Move Excellence™ (RME)

Check-6 has unparalleled experience facilitating rig moves around the world, anywhere, anytime. The Check-6 RME program is based on our Performance Excellence™ methodology, that overlays your current operations to improve overall cycle times while decreasing non-productive down time. For over 5 years, the Check-6 RME program has consistently proven to help clients realize increased efficiency of 20-60% during fleet-wide mobilization; saving them millions of dollars.

Delivered by our Check-6 RME experts, we are able to provide sustainable long-term results vs. short-term gains. Using our EMS Management System, we have logged more than 120 KPIs for each of >3600 rig moves and have proven data and metrics that support our findings around improved benchmarking and standardization.

Asset Movement Management

Similar to the Check-6 RME program, we have the ability and expertise to improve operational efficiency around the movement of any asset(s). Our approach generates savings on everyday logistical needs such as trucking, equipment and raw materials deliveries.



Training and Mentoring Programs

Leadership Development

Check-6 provides a comprehensive leadership development program for any organization in any industry. We assess your leadership's current strategic and operational communication effectiveness and assist in developing a performance-focused message that will reach the task-level operators who determine operational success or failure.

Check-6's leadership development curriculum is an interactive, facilitated program that closes the "leadership training gap" and provides a systematic, comprehensive forum for leaders who desire to develop strategies for organizational change, increased team compliance and performance. The curriculum targets leaders of all levels and communicates methodical and hands-on leadership actions specifically aimed at improving safety, compliance, operational efficiency and team culture. We work on-site with your team to assess and develop practical application coaching in both 1-on-1 and group environments. The human factors of team-building and behaviors are exemplified with hands-on training, mentoring and coaching to drive effective behavioral change in striving for operational excellence.

Coaching and Mentoring Campaigns

These campaigns are designed and scoped to meet our client's objectives. Check-6 coaches are specialists in leadership, process and team culture development. Their craft has been honed by millions of dollars of military investment, then demonstrated under the most hazardous and challenging experiences imaginable. Our coaches work in the front lines, as well as with management, to not only accomplish the mission, but deliver a return on the investment to our clients. Our coaches are the best in the world. They do not just explain concepts, they show how to apply those concepts.

Crew Resource Management (CRM) – "High Performing Habits"

A program designed to improve the "non-technical" cognitive and interpersonal skills designed to mitigate and eliminate Human Error. Understanding how to identify and manage the 7 critical skills of CRM is key to managing human factors. This program includes an academic curriculum, case studies, a practical "field" application and a personal action plan to ensure active learning and retention.

Human Factors:

Check-6 coaches are experts at teaching how to understand and successfully manage Human Factors in high-risk, high-reliability environments. There is no other company that has the depth of real-world experience, the quality of seasoned instructors, and the ability to deliver the necessary tools needed to ensure your personnel are trained and ready.



Workshop and Event Services

Facilitated Debrief Events

This workshop is a disciplined, structured methodology facilitated by Check-6 coaches and dealing with situations such as accident investigation, operational inefficiencies and gap analysis. It begins with a stated objective, followed by identifying lessons learned and defining best practices for immediate implementation into subsequent plans to accelerate continuous improvement in human performance. By focusing on a specific client activity / event, allows the participants to rapidly reconstruct and analyze operational performance. The debrief is the first step in fueling continuous improvement of teams.

Facilitated Planning Events

These planning events are the natural progression to a Facilitated Debrief in which lessons learned can be immediately applied to plans. Planning processes are also standardized so that planning is comprehensive with proper risk assessment and contingency planning. The scope of these events reaches from front line personnel to management leadership.

Briefing Workshops

This workshop can be carried out individually or in a series with other workshops to deliver a customized Performance Excellence™ campaign. This workshop focuses on individual, team and leadership communication skills required to be a part of a high performing team. It consists of a hands-on workshop and briefing lab, where the experience will result in elevated communication and briefing skills of the attendees.

Keynote Delivery Events

Check-6 keynote presentations are entertaining, informative and captivating. Delivered by high-energy, dynamic speakers, personal and sometimes tragic lessons learned are shared from aircraft carrier operations, commercial aviation and Navy nuclear operations experience. Customized to the theme of the event, these powerful presentations bring insight, demonstrating the value of principles in high performing cultures that support and reinforce client values and vision through exceptional team performance.

Technology Solutions

RIGOR® Digital Checklist System (DCS)

RIGOR is a digital checklist system that allows you to capture and formalize mandatory best-practices while achieving verifiable compliance. It gives you the ability to increase reliability in standard work procedures throughout your business and provides



operational analytical feedback with evidenced measurement against baseline performance. RIGOR is a valuable resource to ensure procedural discipline and compliance.

Job Planning System (JPS)

JPS™ is a complete job planning and safety management software suite. By combining hazard identification, risk assessment, environmental and human factors and stop work authority, JPS is the most comprehensive high-risk job planning software on the market. The system integrates Job Safety Analysis (JSA) Management, Procedures/Work Instruction change management, electronic Permit-to-Work (ePTW), and a Job Optimization Behavioral System (JOBS) that allows management to track each job from start to finish. JPS turns your JSA program into an effective safety weapon that combats complacency, encourages participation and promotes a debrief culture.

Well Control Virtual Instructor (WCVI) Competency Training System

WCVI is a system that simulates well control scenarios in accordance with the International Well Control Forum (IWCF), and International Association of Oil and Gas Producers (IOGP) recommended standards. WCVI provides users with the opportunity to train continuously during normal hitch rotations on both primary and secondary simulated well control fundamentals. Due to the increase in exposure to scenarios and the improved quality of the training itself, overall competency will, at a minimum, remain at an acceptable level and in most cases, actually improve between bi-annual certification for all participating crew members.

Dropped Object Prevention Services

According to OSHA, the #1 cause of fatality is “being struck by”. Check-6 has partnered with Dropped Object Management Services, International (DOMSI) offering services to assist with the identification, mitigation and elimination of potential dropped objects.

These services include:

- DROPS Site Inspections
- DROPS Audits and Gap Analysis
- DROPS Program Creation and/or Implementation
- DROPS Training:
 - Basic Awareness
 - Working at Heights
 - Train the Trainer Course
- Light Repair Work