

The Premiere Performance  
Improvement Consultancy



INTEGRATED SUITE  
OF SERVICES



## Performance Consulting Services

Check-6 partners with companies across multiple industries worldwide, striving to achieve improved performance and operational efficiency. The Check-6 integrated suite of services delivers our proven methodology, Performance Excellence™, a multifaceted solution tailored to meet client objectives, focused on reducing human error while sustaining a culture of continuous improvement. Our methodology targets three critical principles that drive operational excellence:

- **Team Behaviors / Culture**
- **Process Optimization**
- **Leadership**



We deliver tailored solutions to high hazard, high consequence industries to include, but not limited to, oil & gas, mining, manufacturing, transportation, medical and construction. By instilling and reinforcing vital behaviors that eliminate human error, we can reduce risk and lower costs while improving safety and operational performance. Our focus is building high reliability organizations that enable your people to get the job done right the first time....EVERY TIME.

### Our Differentiator – Our People

Check-6 deploys proven leaders with decades of elite military experience operating in complex, high consequence environments such as commercial aviation and nuclear aircraft carrier flight operations. We assist companies aiming to become a High Reliability Organization (HRO). Our coaches have decades of experience successfully building, training and leading high performing teams in high hazard environments. As change management experts, we focus on the development and implementation of continuous improvement in human performance.

### Performance Excellence™ Coaching

Performance Excellence™ is a comprehensive, hands-on training program based on a "Plan Based Execution" model for continuous improvement. Our coaches work with your team in their working environment, focused on sustaining improvements in operational efficiency and safety. Periodic roundtable discussions are held with leaders to assess progress and immediately incorporate lessons learned into the plan to ensure success. This comprehensive methodology uses simple techniques and industry-proven solutions that train organizations to manage change, minimize risk, and enhance the performance of their people, processes and systems.



## Senior/Executive Leader Strategic Coaching (Strat Coach)

Check-6 provides dedicated coaches who function as confidants to senior and executive Leadership to develop strategic roadmaps. Personalized coaching engagements include the sharing of historical best practices from proven military and business leaders. When developing a strategic roadmap, all aspects of operations are considered. Through a collaborative approach, a clear strategic vision is established based on your objectives. KPI's are identified with all activities tied into well-defined, achievable timelines that can then be measured. Creating supporting principles, planning meaningful leadership interactions and designing and delivering a clear messaging plan ensures your team takes ownership of your vision.

### Performance Assessments

Check-6 provides unbiased and comprehensive evaluation of your organization's current operations, systems and culture to deliver a recommended performance improvement plan. We survey and assess daily operational practices, leadership skills, procedural compliance and team behaviors, focused on all levels of leadership, alignment and communication, as follows:

#### Procedural Compliance:

- Established governance / Regulatory Compliance
- Use of standardized operational models, processes and checklists
- Layered defenses against human error (Human Factors)
- Document management (Hazard / Risk Analysis / Permits)
- Safety Audits/Assessments to satisfy regulatory compliance requirements and identify gaps

#### Personnel Competency:

- Knowledge, Skills, Attitude (KSA)
- Proficiency Assurance
- Debrief Culture

#### Leadership Skills:

- Visible leadership actions and presence
- Leadership development / mentoring skills

#### Culture Assessment / Team Behaviors:

- Visible leadership actions and presence
- Leadership development / mentoring skills
- Organizational culture and team attitudes
- Team behaviors during task execution (Crew Resource Management)

**\* Additional assessments customized based on client requests.**



## Check-6 Efficiency Improvement Programs

Check-6 has unparalleled experience improving operational efficiency for our clients that directly improve their bottom line. Our approach to optimizing operations is based on Navy Nuclear Power pillars and High Reliability Organization theory. These elements, coupled with our Performance Excellence™ methodology help develop workforce skills, drive operational improvement and apply new working methods within your team to optimize performance. We take best practices and lessons learned to drive deliberate actions and predictable results across all operations to include:

### Asset Relocation

Check-6 has decades of experience moving people, equipment and materials around the world, resulting in improved operational efficiency. Our approach generates savings on everyday logistical needs such as trucking, equipment and raw material deliveries.

### Rig Move Logistics

The Check-6 Rig Move Excellence™ (RME) Program has unparalleled experience facilitating thousands of rig moves around the world, anywhere, anytime. Based on our Performance Excellence™ methodology, and using our Event Management System (EMS), this program complements your current operation by improving overall cycle time while decreasing non-productive down time. For over 5 years, this program has consistently provided sustainable long-term results vs. short-term gains, logging more than 120 KPIs for each of >3600 rig moves. Proven data and metrics support findings of improved benchmarking and standardization, allowing clients to realize between 20-60% efficiency during fleet-wide mobilization and improved ROI.

### Drilling and Well Completions Operations

The Check-6 Efficiency Improvement Program is designed to create and maintain high-performing teams for any high-risk operation. Often operational teams must execute in complex, dynamic environments with high turnover and using short service personnel. Consequences are extremely high if there's a human performance error or failure. Our "boots-on-the-ground" approach traps human error while reducing risk, resulting in improved operational efficiency, performance and productivity.



## Training and Mentoring Programs

### Leadership Development

Check-6 provides a comprehensive leadership development program for organizations in any industry. By assessing your leadership's current strategic and operational communication effectiveness, we can assist in developing a performance-focused message aimed at task-level operators who determine operational success or failure. Our curriculum is an interactive, facilitated program that closes the training gap by providing a systematic forum for leaders who desire organizational change. By developing practical application of leadership principals, we can deliver a comprehensive program through 1-on-1 coaching and group environments. This curriculum targets leaders at all levels, communicating methodical, hands-on leadership actions aimed specifically at improving safety, compliance, team culture and operational efficiency.

### Coaching and Mentoring Campaigns

At Check-6, we believe we can make even the best companies perform better through a combination of instruction, mentoring and coaching. By sharing our life skills and experiences, we work side by side, at all levels of your organization, teaching and applying tried and true practices. This unique ability reinforces behaviors resulting in sustainable and positive change.

### Crew Resource Management (CRM) – “High Performing Habits”

A program designed to improve the “non-technical” cognitive and interpersonal skills to mitigate and eliminate human error. Understanding how to identify the 7 critical skills of CRM is key to managing human factors. This program includes an academic curriculum, case studies, a practical “field” application and a personal action plan to ensure active learning and retention.

### Human Factors Training

Through academic training, case studies and practical application, we teach organizations to identify, address, mitigate and implement strategies that drive effective change to reduce error. We are experts at successfully managing human factors in high-risk, high-reliability environments. There is no other company that has the depth of real-world experience to deliver the necessary tools that ensure your personnel is trained and ready.



## Workshop and Event Services

### Facilitated Debrief Events

This workshop is a disciplined, structured methodology including for example, accident investigation, operational inefficiencies and gap analysis, facilitated by Check-6 coaches. It begins with a stated objective, followed by identifying lessons learned and defining best practices for immediate implementation into subsequent plans, to accelerate continuous improvement. By focusing on a specific client activity/event, allows participants to rapidly reconstruct and analyze operational performance. The debrief is the first step in fueling continuous improvement of teams.

### Facilitated Planning Events

Facilitated planning events with front line personnel and management. These events are a natural progression to a facilitated debrief, in which lessons learned can be immediately applied to plans. Processes are standardized, to include comprehensive risk assessment and contingencies, so planning is more complete.

### Briefing Workshops

Individually, or in series, we deliver a customized hands-on workshop and briefing lab that results in elevated communication. This workshop focuses on individual, group and leadership communication skills, required to becoming a high performing team.

### Keynote Delivery Events

Check-6 keynote presentations are entertaining, informative and captivating. Delivered by high-energy dynamic speakers, personal experiences and sometime tragic lessons learned are shared from diverse backgrounds, including commercial and military aviation, Naval carrier operations and special warfare. Customized to the theme of the event, these powerful presentations bring not only insight, but the ability to correlate and connect to issues that support and reinforce client values and vision.



## Technology Solutions

### **RIGOR® Digital Checklist System (DCS)**

RIGOR® Digital Checklist System is a valuable tool that ensures procedural compliance and discipline. Analytical feedback captured at the point of execution is measured against evidenced baseline performance. Through the capture and formalization of best-practices, RIGOR® provides increased reliability in standard work procedures throughout your business.

### **Job Planning System™ (JPS)**

JPS™ is a complete job planning and safety management software suite. By combining hazard identification, risk assessment, environmental and human factors and stop work authority, JPS™ is the most comprehensive risk mitigating software on the market. This tool integrates Job Safety Analysis (JSA), Management of Change (MoC), Work Instructions, and electronic Permit-to-Work (ePTW) allowing management to track each job from start to finish. JPS is an effective safety weapon that combats complacency, encourages participation and promotes a debrief culture.

### **Well Control Virtual Instructor™ (WCVI) Competency Training System**

WCVI™ is a portable system that simulates well control scenarios in accordance with the International Well Control Forum (IWCF), and International Association of Oil and Gas Producers' (IOGP) recommended standards. WCVI provides users with the opportunity to train continuously during normal hitch rotations on both primary and secondary well control fundamentals. With increased exposure to scenarios and improved quality of training, overall competency will, at a minimum, remain at an acceptable level and in most cases, improve between bi-annual certification for all participants.

### **Implementation Consulting**

We work in partnerships and alliances with technology companies, requiring our consulting services to successfully implement their software products for their customers. A combined approach delivers a smooth transition from initial product sales to execution by the end-user.